



2:20 – Mike Schmitt

I started running while living in England. It started out as something to do in the evening and quickly turned into a true passion. My initial route was exactly 3 miles from my flat, around Winchester Cathedral, and back up a monster hill. Soon, I was expanding my distance mile by mile. Upon moving back to the US, I decided I wanted to run a half marathon, but had trouble finding one, so I just opted to run the full 26.2 miles. 15 years later, I'm still running and have run nearly every distance from 5K to 100 miles. I love running for the people, the fun, and common bond we all share.