



1:40 – Jeffrey Erickson

I started running about two and a half years ago after I was told I could lose some weight. I started slowly running a few 5ks and maxing out at about 10 miles. Last fall, I ran my first half marathon in 1:25 and my first full marathon in 3:01. I've been training with other runners, and pacers, and decided I would give it a try. I just hope I can inspire runners the way that these other pacers have inspired me.